

SCHOOL NUTRITION PROGRAM

In the operation of the child feeding programs, no child will be discriminated against because of race, sex, color, national origin, age or handicap. If you believe you have been discriminated against, you may write to the Secretary of Agriculture, Washington, D.C. 20250. "This institution is an equal opportunity provider and employer."

General Program Information: It is our privilege to provide low cost nutritious breakfast and lunch meals to all students and staff of the Barrow County Schools. Nutrition is a very important part of the education process since a hungry child cannot learn.

Barrow County School Nutrition meals adhere to the USDA dietary guidelines and requirements. Menus offered are analyzed to reduce calories from fat, added sugar and added sodium, while ensuring proper amounts of nutrients and total calorie intake for different age groups. Barrow County utilizes 100% whole grains on the menus, as well as, many offerings of fresh fruits and vegetables. Monthly menus are available on the Barrow County Schools Homepage on the Internet at www.barrow.k12.ga.us for both breakfast and lunch meals. Extra milk may be purchased for .25 cents.

Foods and Beverages Brought Into School Cafeterias During the School Day – USDA regulations prohibit the sale of non-nutritional foods and carbonated beverages during meal times in the cafeteria at all school levels. With this in mind and in order to encourage better nutrition and develop healthy eating habits, students or their parents are not allowed to bring foods to school from outside. Any foods brought in for school parties, must follow the same USDA dietary guidelines as the School Nutrition Program. Of course, lunches sent with students when they come to school in the morning in lunch boxes, pails, or plain bags are allowed.

Meal Accounts: Each cafeteria has a computer program for tracking meals and payments. **ALL Barrow County School students are assigned a computer identification (ID) number from which serves as their meal account number. ALL students must learn their 5 digit account number to use at the cashier station at the end of the meal line.**

Prepayment for school meals enables the meal line to move more quickly. Parents may pay online at www.myschoolbucks.com for all school levels. Prepayment may also be made weekly or monthly in envelopes provided by the school. The student's name and account number must be listed on the envelope in order to credit the proper account. Money not used by the end of the school year can be carried over to the next school year even if they will attend a higher level Barrow County School. Parents should call the school nutrition manager's office at the individual school if they have questions about the child's account during the year.

Checks are to be made to (School name or abbreviation) Nutrition Program with the student's name and account number on the check. If your check for student meals is returned for insufficient funds, it may be re-presented electronically by Envision Payment Solutions and you will be assessed a processing fee applicable by law. Other purchases from the school office or classroom must NOT be included with meal payments.

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Free or Reduced Price Meals: Students may qualify for free school meals if they receive food stamps or Temporary Assistance for Needy Families. Families may also qualify for free or reduced price meals based on family income. **Families must complete a new application each year to determine eligibility.** Family applications rather than individual applications are used. Only one application will be needed per family. ALL household members including all children must be listed. School locations are required for all school age children. Please make certain that your application reaches the school nutrition manager at one of the schools your children attend. Applications will be completed at the time of registration at the Barrow County Professional Development Center or downloaded from our webpage and sent in to this office.

Barrow County PK-5 School Student Meal Prices

	Full Price	Reduced Price
Breakfast 1 Day	No cost	\$0
Breakfast 5 Day Week	No cost	\$0
Breakfast 20 Day Month	No cost	\$0
Lunch 1 Day	\$1.50	\$.40
Lunch 5 Day Week	\$7.50	\$ 2.00
Lunch 20 Day Month	\$30.00	\$ 8.00

Barrow County 6-8 School Student Meal Prices

	Full Price	Reduced Price
Breakfast 1 Day	No cost	\$0
Breakfast 5 Day Week	No cost	\$0
Breakfast 20 Day Month	No cost	\$0
Lunch 1 Day	\$1.75	\$ 0.40
Lunch 5 Day Week	\$8.75	\$ 2.00
Lunch 20 Day Month	\$35.00	\$ 8.00

Barrow County 9-12 Student Meal Prices

	Full Price	Reduced Price
Breakfast 1 Day	No cost	\$0
Breakfast 5 Day Week	No cost	\$0
Breakfast 20 Day Month	No cost	\$0
Lunch 1 Day	\$2.00	\$ 0.40
Lunch 5 Day Week	\$10.00	\$ 2.00
Lunch 20 Day Month	\$40.00	\$ 8.00