



MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

Indicates local, Georgia Grown Food!

Everyday Offerings:
Muffin & Yogurt Plate, PBJ Grab-n-Go, Deli Subs & Wraps, Chicken Sandwich, Pizza, and Chef Salads.
Seasonal Fresh Fruit
Assorted fat-free or low-fat milk.
Lunch Prices:
Paid: \$2.00
Reduced: \$0.40
Adult: \$3.25
Menus are subject to change due to market conditions, delivery, food availability, and school activities.
Friday, March 23 - Make My Plate Georgia Grown Day. The menu for this day is 100% Georgia Grown or Georgia Processed.

Chicken Po'boy 5 Steak Sandwich Lettuce Tomato Pickle Curry Fries California Blend Tropical Fruit Ice Cream	Beef & Cheese 6 Nachos or Tacos Mexicali Corn Spanish Rice Lettuce Tomato Salsa Guacamole Pears	Baked Chicken 7 Meatball Sub Oven Fried Okra Macaroni & Cheese Black Eye Peas Collard Greens Fruit Cocktail	Tex Mex Potato 1 Philly Chicken Sub Sweet Yellow Corn Fresh Veggie Cup Spicy Black Beans Pineapple	Asian Rice Bowl 2 Fish Sandwich Peppers & Tomatoes Stir Fry Vegetables Egg Roll Mandarin Oranges Cupcake
BBQ Sandwich 12 Sloppy Joes Green Beans Curry Fries Coleslaw Peaches	Traditional or Spicy 13 Chicken Tenders Lima Beans Mashed Potatoes Fresh Broccoli Fruit Cocktail	Chili Mac 14 Ham Ciabatta Peas & Carrots Baked Sweet Potato Sliced Cucumbers Whole Fruit Cup Carnival Cookie	Chili Dog 8 Hamburger Sliders Creamy Coleslaw Onion Rings Fresh Veggie Cup Peaches Pudding Cup	Philly Cheese Bowl 9 Chicken Parmesan Cheesy Broccoli Baked Sweet Potato HOTM Hydro Bibb Lettuce Fruit Cup
Western Sliders 19 Hot Dog Lettuce Tomato Pickle Sweet Potato Sticks Savory Beans Pineapple	Burrito Bowl 20 Chicken Quesadilla Spicy Black Beans Lettuce Tomato Cowboy Salsa Oranges & Kiwi Brownie	Brunch For Lunch 21 Roasted Potatoes Carrots Grits Gravy Fruit & Yogurt Parfait	Poppy Seed Chicken 15 Steak Sandwich Sweet Yellow Corn Zucchini HOTM Hydro Bibb Lettuce Pears	*New Recipe- Buffalo Tot Casserole 16 Fish Sandwich Cheesy Broccoli & Cauliflower/Squash Carrots & Celery Bananas & Berries
Sloppy Joes 26 BBQ Sandwich Baked Potato Peas & Carrots Coleslaw Pears Welch's Fruit Snack Bites	Buffalo Chicken Dip 27 Bacon Cheeseburger Celery & Carrots SideWINDER Fries Fresh Broccoli Fruit Cup	Lasagna 28 Philly Steak Sandwich Garden Salad California Blend Green Beans Peaches	Asian Chicken 22 Cuban Sandwich Stir Fry Vegetables Egg Roll Fresh Broccoli Mandarin Oranges	GEORGIA GROWN DAY- GA Smackers Po'boy Sandwich GA Corn on the Cob GA Baked Sweet Potato GA Coleslaw GA Blueberry Juice 23 Georgia Grown Day Birthday Bash 30 Deep Dish Pizza Fish Sandwich Roasted Carrots Squash Broccoli Salad Birthday Fruit Slushy



Harvest of the Month (HOTM) featured item for March is Hydro Bibb Lettuce.
StoneCreek Hydroponics, a local, family-owned farm from Hartwell, Georgia is providing the lettuce.

Barrow High School Menu

