




MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

 Indicates local, Georgia Grown Food!

Everyday Offerings:
Muffin & Yogurt Plate, PBJ Grab-n-Go, Chef Salad, Seasonal Fresh Fruit
Assorted fat-free or low-fat milk.
Meal Prices:
Paid: \$1.75
Reduced: \$0.40
Adult: \$3.25
Menus are subject to change due to market conditions, delivery, food availability, and school activities.
Friday, March 23 - Make My Plate Georgia Grown Day. The menu for this day is 100% Georgia Grown or Georgia Processed.



Traditional or Spicy Chicken Sandwich Lettuce Tomato Curly Fries California Blend Tropical Fruit Ice Cream Cup	5	Beef & Cheese Nachos or Tacos Mexicali Corn Spanish Rice Lettuce Tomato Salsa Guacamole Pears	6	Oven Baked Chicken Meatball Sub Oven Fried Okra Macaroni & Cheese Black Eye Peas Collard Greens Fruit Cocktail	7	Buffalo Chicken or Stuffed Crust Pizza Sweet Yellow Corn Fresh Veggie Cup Spicy Black Beans Pineapple	1	Asian Beef Rice Bowl Fish Sandwich Bell Peppers & Tomatoes Stir Fry Vegetables Egg Roll /Mandarin Oranges/Cupcake	2
BBQ Sandwich Chicken Sandwich Green Beans Curly Fries Creamy Coleslaw Peaches	12	Traditional /Spicy Chicken Tenders Lima Beans Mashed Potatoes Fresh Broccoli Fruit Cocktail	13	Chili Mac Ham & Cheese Ciabatta Peas & Carrots Baked Sweet Potato Cucumbers Carnival Cookie	14	Chili Dog Cheeseburger Creamy Coleslaw Onion Rings Fresh Veggie Cup Peaches Pudding Cup	8	Cheeseburger Pizza Pepperoni Pizza Fish Sandwich Cheesy Broccoli Baked Sweet Potato Peaches HOTM Hydro Bibb Lettuce	9
Western Sliders Chicken Filet Lettuce Tomato Baked Sweet Potato Savory Baked Beans Pineapple Tidbits	19	Burrito Bowl Chicken Quesadilla Spicy Black Beans Lettuce Tomato Cowboy Salsa Oranges & Kiwi Brownie	20	Brunch For Lunch Roasted Potatoes Fresh Carrots Grits/Gravy Fruit & Yogurt Parfait	21	French Bread Pizza BBQ Pizza Sweet Yellow Corn Zucchini HOTM Hydro Bibb Lettuce Pears	15	*New*Buffalo Tot Casserole Fish Sandwich Cheesy Broccoli Squash/Carrots & Celery Sticks Bananas & Berries	16
Sloppy Joes BBQ Sandwich Baked Potato Peas & Carrots Coleslaw Pears Welch's Fruit Bites	26	Buffalo Chicken Dip Bacon Cheeseburger Celery & Carrots SideWINDER Fries Fresh Broccoli Fruit Cup	27	Lasagna Philly Steak & Cheese Sandwich Salad/California Blend/Green Beans Peaches	28	Asian Chicken Cuban Sandwich Stir Fry Vegetables Egg Roll Fresh Broccoli Mandarin Oranges	22	GEORGIA GROWN DAY- GA Smackers Po'boy Sandwich GA Corn on the Cob GA Baked Sweet Potato GA Coleslaw GA Blueberry Juice	23
						Cowboy Nachos Philly Chicken Sandwich Lettuce Tomato Cheesy Refried Beans/ Corn Bananas & Berries	29	Birthday Bash Deep Dish Pizza Fish Sandwich Roasted Carrots Squash Broccoli Salad Birthday Fruit Slushy	30



Georgia Harvest of the Month
Harvest of the Month (HOTM) featured item for March is Hydro Bibb Lettuce. StoneCreek Hydroponics, a local, family-owned farm from Hartwell, Georgia is providing the lettuce.



Barrow Middle School Menu

