

May Lunch Menu

Have a Safe & Fun Summer!



Barrow High School Menu

Harvest of the Month (HOTM) featured item for May is strawberries.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Original or Buffalo Chicken Tenders Grape Tomatoes Okra Mashed Potatoes Peaches	2 Asian Meatballs Turkey & Cheese Wrap Stir Fry Vegetables Egg Roll Fresh Carrots Pineapple Tidbits	3 Cheeseburger Sliders Hot Dog Oven Fries Fresh Green Beans Coleslaw HOTM-Strawberries	4 Cinco de Mayo Beef & Cheese Nachos Soft Tacos Lettuce Tomato Corn Cheesy Refried Beans Mandarin Oranges Churros
7 BBQ Sandwich Chicken Sandwich Curly Fries Fresh Veggie Cup Yellow Squash Pears	8 Original or Buffalo Chicken Tenders Mashed Potatoes Lima Beans Tomatoes Peaches Cookie	9 Brunch for Lunch French Toast Sticks w/ Sausage or Chicken Biscuit Scrambled Eggs Grits/Hash Browns Fresh Carrots Fruit Yogurt Parfait	10 Asian Chicken Fish Sandwich Broccoli Baked Sweet Potato Celery Sticks Pineapple Tidbits Brownie	11 Pizza Chicken Bacon Wrap Fresh Green Beans Corn on the Cob HOTM-Strawberry Spinach Salad Applesauce
14 Cheeseburger Sliders BBQ Sandwich Lettuce Tomato Pickle Sidewinder Fries California Blend Whole Fruit Cup	15 Original or Buffalo Chicken Tenders Peas & Carrots Mashed Ranch Potatoes Fresh Veggie Cup Mandarin Oranges Pudding Cup	16 Soft Tacos Nachos Lettuce Tomato Corn Cheesy Refried Beans Pears	17 Oven Baked Chicken Philly Sandwich Collard Greens Black Eye Peas Baby Baker Potatoes HOTM-Strawberries	18 Happy Birthday Bash Deep Dish Pizza Buffalo Chicken Salad Yellow Squash Baked Sweet Potato Tomatoes Fruit Slushy Rice Krispie Treat
21 Chicken Sandwich Spicy Chicken Sandwich Baked Beans Sweet Potato Fries Lettuce Tomato Pickle Fruit Cocktail	22 Manager's Choice	23 Manager's Choice	24	25
28 Holiday	29 Summer Feeding AHS & WBHS	30 Summer Feeding AHS & WBHS	31 Summer Feeding AHS & WBHS	

Everyday Offerings:

Muffin & Yogurt Plate, PBJ
Grab-n-Go, Deli Subs &
Wraps, Chicken Sandwich,
Pizza, and Chef Salads

Seasonal Fresh Fruit

Assorted fat-free or low fat
milk

Lunch Prices:

Paid - \$2.00

Reduced - \$0.40

Adult - \$3.25

Free Summer Meals
for Kids & Teens

Open to ALL Children
18 & Younger

May 29-June 29

Monday thru Friday

Apalachee & Winder
Barrow High Schools

Indicates local, Georgia Grown Food!

This institution is an equal opportunity provider