

BARROW COUNTY MIDDLE SCHOOLS FEBRUARY 2012



<p>"This institution is an equal opportunity provider."</p>		<p>1 SNACK-N-WAFFLES</p> <p>Rib-B-Que Sandwich or Hot Ham and Cheese Sandwich Cheetos Sliced Cucumbers and dip Glazed Carrots Fresh Banana Ice Cold Milk</p>	<p>2 SAUSAGE BISCUITS</p> <p>That's Italia' Rotini Bake or Mama Mia Meatball Sub Yummy garlic breadstick Garden Fresh Salad English Peas Pineapple tidbits Milk</p>	<p>3 CINN MINNIS + OATMEAL</p> <p>Grilled Cheese Sandwich or PB&J Vegetable Beef Soup Sun Chips Sweet Yam Patties Corn on the Cobb Applesauce Milk</p>	<p style="text-align: center;">BREAKFAST OFFERED MONDAY - FRIDAY</p> <p style="text-align: center;">ALSO OFFERED DAILY: ASSORTED CEREALS ASSORTED YOGURTS FRESH FRUIT ASSORTMENT JUICE - THREE DAYS A WEEK</p>
<p>6 FRENCH TOAST STICKS</p> <p>Mini Corn Pups or Sloppy Joe Sandwiches Doritos Lima Beans Steamed Broccoli w/ cheese Mixed Fruit Cups Milk</p>	<p>7 CHICKEN BISCUITS</p> <p style="background-color: yellow;">BRUNCH FOR LUNCH</p> <p>INCLUDES THE FOLLOWING</p> <p>Manager's choice Cheese Grits Yogurt Parfait Assorted Fruit Juice Cold and Creamy Milk</p>	<p>8 BREAKFAST PASTRY W/ YOGURT</p> <p>Mini Cheeseburger Sliders or Hot Dog on a Bun Sweet Potato Tots Cole Slaw and Baked Beans Eye popping Carrots w/ dip Fresh Apple Slices Icy Milk Choice</p>	<p>9 SAUSAGE BISCUITS</p> <p>Grilled Chicken Sandwiches or Chicken Fajitas Flaps Refried Beans (1/2 C) Mexican Rice (1/2 C) Lettuce and tomatoes Oranges MILK</p>	<p>10 ASSORTED MUFFINS</p> <p>BUILD YOUR OWN SUB Turkey or Ham Sub Sandwich Baked Lays Macaroni and Cheese Broccoli Salad Juicy Juice Bar Ice cold Milk</p>	
<p>13 PANCAKES ON A STICK</p> <p>Philly cheesesteak Sandwich or BBQ Chicken Sandwich Cowboy Cole Slaw Ranchero Baked Beans Mandarin Oranges Cold and Refreshing Milk</p>	<p>14 CHICKEN BISCUITS</p> <p style="text-align: center;">♥♥♥♥</p> <p>Buffalo chicken Chunks Fresh Hot Yeast Roll Creamed Potatoes Steamed Broccoli and Cheese Tangerines Chocolate pudding and Milk</p>	<p>15 PANCAKE PUPS</p> <p>Spicy Chicken Filets or Cheeseburgers Waffle Fries Hot buttered Corn Lettuce, Tomatoes + Pickles Fresh Fruit Choice MILK</p>	<p>16 Manager's Choice Breakfast</p> <p>Manager's Choice Fresh Veggies and Dip Pinto Beans President's Day Smart Cookies MILK</p>	<p>17</p> <p style="text-align: center; font-size: 1.2em;">SCHOOLS CLOSED</p>	<p style="text-align: center;">ENTRÉE CHOICES INCLUDE:</p> <p style="text-align: center;">CHEF SALADS PEANUT BUTTER AND JELLY GRAB AND GO LUNCHES</p>
<p>20</p> <div style="text-align: center;">  </div> <p style="text-align: center;">SCHOOLS CLOSED</p>	<p>21 CHICKEN BISCUITS</p> <p>Grilled Cheese or PB&J Uncrustables Chicken Noodle Soup Sun Chips Steamed Veggie Blend Buttery Corn Fresh Fruit Choice Ice Cold Milk</p>	<p>22 Benefit Bar + Cheese Stick</p> <p>Meatloaf w/ biscuit or Steak and Gravy Sandwich Potato Roasters Green Beans Sliced Peaches MILK</p>	<p>23 CITY HAM BISCUIT</p> <p>Chicken Quesadillas or Beef Quesadillas Mexican Rice (1/2 C) Mexicali corn Lettuce and tomatoes Pineapple tidbits Milk</p>	<p>24 FRUDEL + CHEESE GR</p> <p>Pizzeria Pizza or Piesy Filled Breadstick with marinara Garden Salad with Spinach California Steamed Veggies Fresh Tangerines Milk</p>	<p style="text-align: center;">A LARGE ASSORTMENT OF FRESH FRUITS AND VEGGIES ARE OFFERED DAILY, AS WELL AS, WHOLE GRAINS, AND MENU CHOICES HAVE BEEN ADDED WHICH ARE LOWER IN SODIUM, AND SATURATED FATS. LOWFAT (1% OR LESS) CHOCOLATE AND WHITE MILK AVAILABLE DAILY</p>
<p>27 PANCAKE PUPS</p> <p>Beefy cheesy nachos or Burritos Lettuce and tomato mix Carrot and Celery Sticks Mexi-Pinto Beans Fresh Pears MILK</p>	<p>28 CHICKEN BISCUITS</p> <p>Spicy Orange Chicken/ mini eggrolls Teriyaki Beef Bites Fluffy White Rice Asian Glazed Carrots Garden Fresh Green Peas Pineapple Tidbits MILK</p>	<p>29 SAUSAGE BAGEL</p> <p>Beef Chili with Tostitos Scoops</p> <p>Hot and Juicy Cheeseburgers Onion Rings Veggie Spring Blend Applesauce Sherbet Cup MILK</p>	<div style="text-align: center;">  <p>Choose MyPlate.gov</p> </div>		