Interested in running?
Cross Country
FALL 2023

First Practice: August 3rd, 2022
Time: 4:15-5:45pm
Pick up: HMMS teacher parking lot
Questions: Denise.coulombe@barrow.k12.ga.us
Must complete attached Check list before first
day of school.

Checklist:

- *Athletic Physical uploaded to Dragonfly.com*
  - See attached flyer for important information regarding Dragonfly.com

- Sign-up for Team-App (see attached flyer)
  - Both student and parent need to sign-up for the app. All communication will be delivered through the app.
  - Keep an eye out for summer workout suggestions, possible optional practice.
  - Team expectations for fall.

- Parent Contact Sheet
  - Must be returned to Coach Coulombe before last day of school.
  - Uniform Order: sizes needed for when I put order in after cut off date.

- Cost for Cross Country $80
  - Athletic Fee: $50
  - Uniform Fee: $30

- Parent Meeting 8/7/2023 5:45 after practice in cafeteria.

GET STARTED
WITH DRAGONFLY

DragonFly makes sports and activities more organized with easy-to-use digital forms, health records and team communication tools.

PARENTS & STUDENTS

1. Visit dragonflymax.com and click the 'Log In/Sign Up' button.

2. Click 'Sign Up for Free' then follow the prompts to create your Parent account with your own email address.
   Note: please do not create an account with your child's name or contact information – you will get the chance to add your child soon!

3. Verify your account with the verification ID sent to your email address.

4. Click 'Connect to your school' to select 'Parent' as your role and search for your child's school.

5. After selecting your child's school, click 'Join' to request access. An administrator at your school will approve your request.

6. Click 'Set up your children' and follow the prompts to add your kid(s) and fill out their participation forms.

ATHLETIC DIRECTORS, COACHES & SCHOOL ADMINISTRATORS

1. Visit dragonflymax.com and click the 'Log In/Sign Up' button.

2. Click 'Sign Up for Free' to create your account with your school email address.

3. Verify your account with the verification ID sent to your email address.

4. Click the 'Get Started' button to select your role and search for your school.

5. After selecting your school, click 'Join' to request access. You will see a list of administrators at your school who can approve your request. If you're the first person to request access to your school, a member of the DragonFly team will verify your role and approve your request.

PREFER TO USE A MOBILE DEVICE?
Visit dragonflymax.com in your mobile browser and follow the steps above.

WILDCAT CROSS COUNTRY

Join our app to stay up to date with our latest information - it's free!

Follow these steps to join our app:

1. Scan the **QR code** below & download Stack Team App or visit **www.teamapp.com.**

2. Sign up to Stack Team App and log in to your account.

3. Search for '**WILDCAT CROSS COUNTRY'** and request to join.

9:41

WILDCAT CROSS COUNTRY

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🛡 TEAMS   💬 CHAT   📁 DOCUMENTS

SCAN ME

Contact:
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