



Distance Doggs

Winder Barrow High School Cross Country Schedule

8/19- NEGA – Athens Christian

8/26- Jefferson Lamar Murphy Park- Jefferson Prison Meet

9/2- Jekyll Island Meet

9/9- Clarke Central Piedmont Preserve- Athens

9/23- Apple Hawkins- Apalachee

9/30- Winder – Barrow Invite- Home

10/4- Best of Barrow- Home

10/26- Region Meet @ Lamar Murphy Park @ 1pm

Head Coach: Shawana Harrison

Assistant Coach: Steve Powers

Run as One

Work as a Team

Finish as a Family